

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Complete Care at Bayshore & Rehab

<p>10:00 Meet &amp; Greet (1R) 10:00 Virtual Mass (1R) 10:30 Chair Fitness (1R) 11:15 Guess that word (1R) 2:15 Men's Club w/ Abi (1R) 3:30 Snack + Chat (1R)</p> <p><b>MEN'S CLUB</b></p>	<p>4 10:00 Coffee Connection (1R) 10:00 Beverages on the Cart (2R) <b>10:30 Music Enhancement w/ Longevity (1R)</b> 10:45 Trivia with Trish (2R) 11:45 Dinning Experience(1D) 1:30 Chip and Cookie Store (1R) <b>2:15 Active Games (1R)</b></p>	<p>5 10:00 Coffee &amp; Headline (1R) 10:00 Coffee on Wheels (2R) 10:30 Simply Stretch (1R) 10:45 40's Trivia (2R) 11:15 Name that Country (1R) 11:45 Dining Experience (1D) 2:15 Active Game (1R) <b>2:30 Prize Cart Bingo (2R)</b> <b>6:00 Evening Prize Bingo (1R)</b></p>	<p>6 10:00 Coffee + News (1R) 10:00 Coffee on Wheels (2R) <b>10:30 St Benedict's Church (1R)</b> 10:45 Call out the answer (2R) 11:15 Name that Country (1R) 11:45 Dinning Experience(1D) 1:30 Chip and Cookie Store (1R) 2:15 Movie with Hot Cocoa Bar (1R)</p>	<p>7 10:00 Coffee &amp; Headline (1R) 10:00 Coffee on Wheels (2R) 10:30 Wise Workout (1R) 11:15 Whiteboard Hangman (2R) 11:45 Dinning Experience(1D) <b>2:15 Spa Day (2R)</b> 2:15 Which Decade is it? (1R) 3:30 Chit Chat and Snack (1R) 6:00 Crafting Corner: Sand Art (1R)</p>	<p>1 10:00 Coffee &amp; Headline (1R) 10:00 Coffee on Wheels (2R) 10:30 Simply Stretch (1R) 11:15 New Years Affirmations(1R) 11:45 Dining Experience (1D) 2:15 New Years Celebration (1R)</p>	<p> New Year's Day</p>	<p>1 10:00 Coffee &amp; Headline (1R) 10:00 Coffee on Wheels (2R) 10:30 Simply Stretch (1R) 11:15 New Years Trivia 11:15 Hangman(1R) 11:45 Dining Experience (1D) 1:30 Chip and Cookie Store (1R) 2:15 Cup Game (1R)</p>	<p>2 10:00 Coffee &amp; Headline (1R) 10:30 Moovin and Groovin(1R) 11:15 Bayshore's 1<sup>st</sup> Book Club (1R) 2:15 New Years Painting (1R) 3:30 Coloring and Drawing (1R)</p>	<p> READ TALK BOOK CLUB LEARN SHARE</p>	<p>3 10:00 Coffee &amp; Headline (1R) 10:30 Chair Fitness (1R) <b>10:45 Harvest Time Worship (1R)</b> 11:15 Guess that Song (1R) 2:15 Men's Club (1R) 2:30 Coloring (1R)</p>			
<p>10:00 Bayshore Bistro (1R) 10:30 Sunday Stretch (1R) 11:15 Memory Lane (1R) <b>2:15 Provident Baptist Church(1R)</b> 3:30 Snack + Chat (1R)</p>	<p>11 10:00 Chronicles &amp; Coffee (1R) 10:00 Coffee Bistro on Wheels (2R) <b>10:30 Music Enhancement w/ Longevity (1R)</b> 11:00 Category Call-Out (2R) 11:45 Dinning Experience (1D) 1:30 Chip and Cookie Store (1R) <b>2:30 Spa Day (1R)</b> 3:30 Happy Hour (R) <b>6:00 Evening Prize Bingo (R)</b></p>	<p>12 10:00 News and Brews (1R) 10:00 Tea Tuesdays (2R) <b>10:30 Beach Ball Exercises (1R)</b> 11:15 Fact or Crap? (2R) 11:45 Dinning Experience (1D) <b>2:15 Passport Travel (1R)</b> 3:30 Happy Hour: Akutaq (1R)</p>	<p>13 10:00 News and Brews (1R) 10:00 Tea Tuesdays (2R) 10:30 Beach Ball Exercises (1R) 11:15 Fact or Crap? (2R) 11:45 Dinning Experience (1D) <b>2:15 Passport Travel (1R)</b> 3:30 Happy Hour: Akutaq (1R)</p>	<p>14 10:00 Coffee + Tea (1R) 10:00 Coffee on Wheels (2R) 10:30 Morning Yoga (1R) 10:45 January IQ Test (2R) 11:15 Guess that Musician (1R) 11:45 Dinning Experience (1D) 2:15 Cooking Creations: Mocktails (1R)</p>	<p>14 10:00 Coffee + Tea (1R) 10:00 Coffee on Wheels (2R) 10:30 Morning Yoga (1R) 10:45 January IQ Test (2R) 11:15 Guess that Musician (1R) 11:45 Dinning Experience (1D) 2:15 Cooking Creations: Mocktails (1R)</p>	<p>15 10:00 Bayshore Bistro (1R) 10:00 Bistro on Wheels (2R) 10:45 January IQ Test (2R) 11:15 Train your Brain Trivia (1R) 11:45 Dinning Experience(1D) 2:15 \$\$\$ Bingo \$\$\$ (1R) 2:15 Spa and Movie Matinee (2R) 3:30 Snack + Chat (1R) 6:00 Book Club (1R)</p>	<p>15 10:00 Bayshore Bistro (1R) 10:00 Bistro on Wheels (2R) 10:45 January IQ Test (2R) 11:15 Train your Brain Trivia (1R) 11:45 Dinning Experience(1D) 2:15 \$\$\$ Bingo \$\$\$ (1R) 2:15 Spa and Movie Matinee (2R) 3:30 Snack + Chat (1R) 6:00 Book Club (1R)</p>	<p>16 10:00 Coffee &amp; Chronicle (1R) 10:00 Coffee on Wheels (2R) 10:30 Forever Fit (1R) 11:00 Affirmations with Afsheen (2R) 11:45 Dinning Experience(D) <b>2:15 Crafting Corner: New Year Vision Board (R)</b> 3:30 Sip and Paint</p>	<p>16 10:00 Coffee &amp; Chronicle (1R) 10:00 Coffee on Wheels (2R) 10:30 Forever Fit (1R) 11:00 Affirmations with Afsheen (2R) 11:45 Dinning Experience(D) <b>2:15 Crafting Corner: New Year Vision Board (R)</b> 3:30 Sip and Paint</p>	<p> BINGO VISION BOARD</p>	<p>17 10:00 Coffee on Wheels (1R) 10:30 Saturday Stretch (1R) 11:15 Book Club (1R) <b>2:15 Bingo w/ Stephanie and Vincent (1R)</b> 3:30 Chit Chat and Treats (1R)</p>		
<p>10:00 News + Brews (1R) 10:00 Virtual Mass (1R) 10:30 Chair Fitness (1R) <b>2:15 Family Feud (1R)</b> 3:30 Snack + Chat (1R)</p>	<p>18 10:00 Coffee &amp; Chronicle (1R) 10:00 Coffee on the Move (2R) 10:30 Whiteboard Games (1R) 11:15 Finish that Song (2R) 11:45 Dinning Experience(1D) <b>2:15 MLK Jr Day Trivia (1R)</b> 3:30 Trivia + Snacks (1R) <b>6:00 Evening Night Bingo (1R)</b></p>	<p>19 10:00 Daily Chronicle (1R) 10:00 Coffee Express (2R) 10:45 Chair Fitness (1R) 10:45 Pet Therapy (2R) 11:45 Dinning Experience(1D) <b>2:15 \$\$\$ Bingo \$\$\$ (1R)</b> <b>2:15 Cooking Creations (2R)</b> 3:30 Happy Hour (1R)</p>	<p>20 10:00 Bayshore Bistro(1R) 10:00 Coffee on Wheels (2R) 10:30 Movin &amp; Groovin (1R) 11:15 Affirmations with Afsheen (1R) 11:45 Dinning Experience(D) <b>2:15 Live Floral Arrangements w/ Platinum Home Care</b></p>	<p>20 10:00 Bayshore Bistro(1R) 10:00 Coffee on Wheels (2R) 10:30 Movin &amp; Groovin (1R) 11:15 Affirmations with Afsheen (1R) 11:45 Dinning Experience(D) <b>2:15 Live Floral Arrangements w/ Platinum Home Care</b></p>	<p>21 10:00 Chit Chat Café (1R) 10:00 Coffee on Wheels (2R) 10:45 Whiteboard Games (1R) 11:15 Memory Lane (1R) 11:45 Dinning Experience(1D) <b>2:15 Jeopardy Madness (1R)</b> <b>2:15 Cooking Creations (2R)</b> 3:30 Happy Hour (1R) 6:00 Movie Matinee (1R)</p>	<p>21 10:00 Chit Chat Café (1R) 10:00 Coffee on Wheels (2R) 10:45 Whiteboard Games (1R) 11:15 Memory Lane (1R) 11:45 Dinning Experience(1D) <b>2:15 Jeopardy Madness (1R)</b> <b>2:15 Cooking Creations (2R)</b> 3:30 Happy Hour (1R) 6:00 Movie Matinee (1R)</p>	<p>22 10:00 Coffee and News (1R) 10:00 Coffee on Wheels (2R) 10:30 Fitness Friday (1R) 11:15 Memory Lane (1R) 11:45 Dinning Experience(1D) <b>2:15 Prize Bingo (1R)</b> 3:30 Happy Hour (1R)</p>	<p>22 10:00 Coffee and News (1R) 10:00 Coffee on Wheels (2R) 10:30 Fitness Friday (1R) 11:15 Memory Lane (1R) 11:45 Dinning Experience(1D) <b>2:15 Prize Bingo (1R)</b> 3:30 Happy Hour (1R)</p>	<p> BINGO</p>	<p>23 10:00 Coffee on Wheels(1R) 10:30 Saturday Stretch (1R) 11:15 Book Club (1R) <b>2:15 Active Games (1R)</b></p>			
<p>10:00 Virtual Mass (1R) 10:30 Simply Stretch (1R) 11:15 Sunday Sketch (1R) 2:15 Cup Games (1R) 3:30 Chit Chat &amp; Relax (1R)</p>	<p>25 10:00 Coffee &amp; News (1R) 10:00 Bistro on Wheels (2R) <b>10:30 Music Enhancement w/ Longevity (1R)</b> 11:15 Memory Monday (1R) 11:45 Dinning Experience(1D) <b>2:15 Extraordinary Escape w/ Interdisciplinary Team (1R)</b></p>	<p>26 10:00 Bayshore Bistro (1R) 10:00 Tea Tuesdays (2R) 10:30 Beach Ball Exercises (1R) 11:15 Train your Brain (1R) 11:45 Dinning Experience(1D) <b>2:00 Resident Council (1D)</b> <b>3:00 Food Committee Meeting (1R)</b> 3:30 Activity Planning (1R)</p>	<p>26 10:00 Bayshore Bistro (1R) 10:00 Tea Tuesdays (2R) 10:30 Beach Ball Exercises (1R) 11:15 Train your Brain (1R) 11:45 Dinning Experience(1D) <b>2:00 Resident Council (1D)</b> <b>3:00 Food Committee Meeting (1R)</b> 3:30 Activity Planning (1R)</p>	<p>27 10:00 Limber Cafe (1R) 10:00 Bistro on Wheels (2R) 10:30 Forever Fit (1R) 11:15 Rehearsal (1R) 11:45 Dinning Experience(1D) <b>2:00 Not-so-Ordinary Showcase (1R)</b></p>	<p>27 10:00 Limber Cafe (1R) 10:00 Bistro on Wheels (2R) 10:30 Forever Fit (1R) 11:15 Rehearsal (1R) 11:45 Dinning Experience(1D) <b>2:00 Not-so-Ordinary Showcase (1R)</b></p>	<p>28 10:00 News + Brews (1R) 10:00 Coffee on Wheels (2R) 10:30 Wise Workout (1R) 11:15 Name that Tune (1R) 11:45 Dinning Experience(1D) <b>2:15 January Birthday Bash (1R)</b> 6:00 Movie Night w/ Popcorn (1R)</p>	<p>28 10:00 News + Brews (1R) 10:00 Coffee on Wheels (2R) 10:30 Wise Workout (1R) 11:15 Name that Tune (1R) 11:45 Dinning Experience(1D) <b>2:15 January Birthday Bash (1R)</b> 6:00 Movie Night w/ Popcorn (1R)</p>	<p> HAPPY BIRTHDAY</p>	<p>29 10:00 Chit Chat Café (1R) 10:00 Coffee on Wheels (2R) 10:30 Time to Exercise (1R) 11:15 Name that Team (1R) 11:45 Dinning Experience(1D) <b>2:15 Beyond the Ordinary Awards (1R)</b> 3:30 Ice Cream Social (1R)</p>	<p>29 10:00 Chit Chat Café (1R) 10:00 Coffee on Wheels (2R) 10:30 Time to Exercise (1R) 11:15 Name that Team (1R) 11:45 Dinning Experience(1D) <b>2:15 Beyond the Ordinary Awards (1R)</b> 3:30 Ice Cream Social (1R)</p>	<p> FOOTBALL</p>	<p>30 10:00 Tea + News (1R) 10:30 Chair Fitness (1R) 11:15 Men's Club (1R) <b>2:15 Football Celebration (1R)</b></p>	<p>31 10:00 Tea + News (1R) 10:30 Chair Fitness (1R) 11:15 Men's Club (1R) <b>2:15 Football Celebration (1R)</b></p>